

Discussion Questions

1. Let's first talk about our initial thoughts as we read this memoir. What surprised you? Did it cause for inner reflection about your own behavior and those around you?

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2. Channing Brown says that there's a danger in believing niceness disproves the presence of racism, which showcases an ignorance of how racism operates in systems and structures enabled by nice people. She writes, "sadly, most white people are more worried about being called racist than about whether or not their actions are in fact racist or harmful." Let's discuss this.

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3. In college, Channing Brown took a trip with other students that was a three-day journey down the South exploring Black history. It was an extremely hard trip. On the ride back, the Black students talked about their anguish while the white students tried to distance themselves from it. But one white student said: “Doing nothing is no longer an option for me.” Let’s talk about this and how we can apply it to our own lives.

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4. What will you do differently after reading this book?